

FEBRUARY 2023

HFM/ADK/P-Tech School Menu

Monday



6
Waffles
Maple Syrup
Sweet Potato Home Fries
Assorted Fruit
NYS Milk

13
Pancakes
Turkey Sausage Links
Sweet Potato Tater Tots
Assorted Fruit
NYS Milk

No School

27
French Toast
Craisins
Sweet Potato Home Fries
NYS Milk

Tuesday



7
Loaded Nachos
Cheesy Bean Dip
Assorted Fruit
NYS Milk

14
Italian Dunkers
Breadstick
Mozz. Sticks
Green Beans
Assorted Fruit
NYS Milk

No School

28
Loaded Quesadilla
Salsa & Sour Cream
Taco Fiesta Beans & Corn
Assorted Fruit
NYS Milk

Wednesday

1
Cheeseburger
Fries
Assorted Fruit
NYS Milk

8
Chicken Tenders
Tater Tots
Garlic Breadstick
Assorted Fruit
NYS Milk

15
Popcorn Chicken
Crinkle Fries
Assorted Fruit
NYS Milk

No School



Thursday

2
Mac & Cheese
Garlic Breadstick
Broccoli
Assorted Fruit
NYS Milk

9
Turkey Sandwich
Pretzels
Carrots & Dip
Assorted Fruit
NYS Milk

16
Chicken Sandwich
Potato Wedges
Veggies & Dip
Assorted Fruit
NYS Milk

No School



Friday

3
Cheese Pizza
Cucumbers & Dip
Assorted Fruit
NYS Milk

10
Pepperoni Pizza
Pizza Green Beans
Assorted Fruit
NYS Milk

17
Cheese Pizza
Roasted Broccoli
Assorted Fruit
NYS Milk

No School

