

Lunch Cost:
Adult 4.35
Students eat for free

Adirondack Academy

May 2021

Lunch Menu

Available Daily with Meal
Milk 1% Low fat or Non Fat
Fruit Cup
Condiments
Daily Alternate: PBJ

Monday	Tuesday	Wednesday	Thursday	Friday
3 Mac and Cheese Seasoned Broccoli Fruit Cup	4 Buffalo Chicken Wrap Toss Salad Fruit Cup	5 Chicken Parmesan w/ Spaghetti Green Beans Fruit Cup	6 Oven Roasted Chicken Mashed Potato w/ gravy Dinner Rolls Fruit Cup	7 BBQ Rib Sliders Baby Carrots w/ dip Fruit Cup
10 Tangerine Chicken Fluffy Rice Pilaf Baked Beans	11 Bacon Cheeseburger-bun French Fries Fruit Cup	12 Chicken Mashed Potato Bowl w/ gravy Dinner Rolls Fruit Cup	13 Toasted Cheese Sandwich Tomato Soup w/ crackers Veggie Sticks Fruit Cup	14 Assorted Pizza Slice Seasoned Corn Fruit Cup
17 Chicken Patty w/ bun Seasoned Green Beans Fruit Cup	18 Turkey and Gravy Mashed Potato Dinner Rolls	19 Pulled Pork Sandwich French Fries Fruit Cup	20 Mac and Cheese Seasoned Broccoli Fruit Cup	21 Ham Cheese Bagel Melt Veggie Sticks Fruit Cup
24 Baked Ziti w/ Cheese Broccoli & Cukes w/ dip Fruit Cup	25 Mexican Tacos Fluffy Rice Seasoned Corn/Salsa Fruit Cup	26 Cherry Blossom Chicken Rice Bowl Green Beans Fruit Cup	27 Turkey Sandwich Doritos Veggie Sticks w/dip Fruit Cup	28 Salsibury Steak Mashed potatoes w/gravy Fruit Cup
31 	June 1 Cheeseburger w/ bun French Fries Choc. Chip Cookie Fruit Cup	2 Mexican Tacos Fluffy Rice Seasoned Corn/Salsa Fruit Cup	3 Chicken Fajita Veggie sticks w/ dip Chocolate Pudding	4 Mixed Sub Macaroni Salad Seasoned Corn Fruit Cup

Menu subject to change without notice
are equal opportunity employers and providers

Questions please contact Darla Sandford FSD 518-736-4308 USDA and this institution